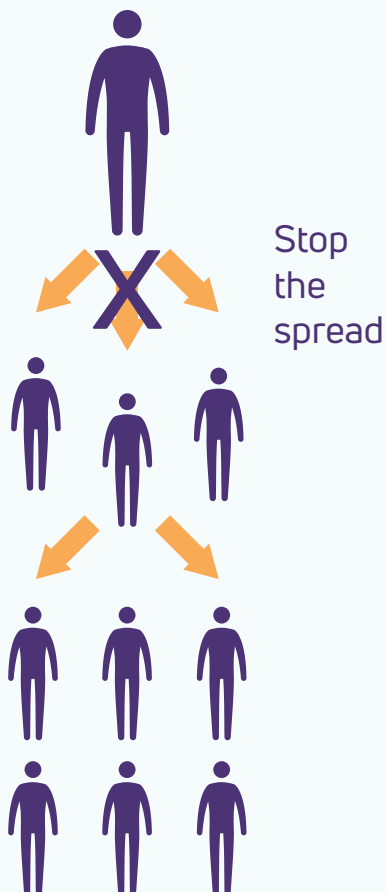


# CORONAVIRUS (COVID-19)

## CORONAVIRUS IS SERIOUS

- Coronavirus is infecting black people and white people, young and old people
- Coronavirus does not discriminate
- The virus is spread the same way for black people as for any other people



## THE VIRUS IS SPREAD EASILY AND IS DEADLY

- It is 10 times more deadly than the flu
- Simply being around other people dramatically increases your chances of contracting the virus
- The virus is spread through touch and primarily enters the body through eyes, nose and mouth from our hands
- It is not related to cleanliness or hygiene
- There is not a treatment or vaccine, which is why people are dying from it
- For people with other health issues like heart disease, diabetes, lung disease, asthma, breast cancer, prostate cancer, blood cancer, getting coronavirus is more severe and life-threatening
- There is spread of coronavirus in all communities - it is no longer only being spread by people who have traveled

# CORONAVIRUS (COVID-19)



## TAKE STEPS TO CONTAIN AND DESTROY THE VIRUS

- Staying home is the best way to stay safe, protect loved ones and not spread the virus
- If you must be in a public place, maintain a safe distance, **6 feet** or more, from others
- Hand washing and cleaning of surfaces with soap and water destroy the virus. Clean high contact surfaces daily or when returning from outdoors into living or working areas
- Maintain separation from people within your home who are ill, have symptoms, or have been advised to self-isolate at home

## SIGNS OF INFECTION

The signs that you might be infected include a fever, cough and feeling short of breath

You may be infected but not know it for up to a week

We know it is easier said than done, but physical distancing from other people is the only way to stop the spread of coronavirus and save lives in our community

This means not interacting in the same physical space with people other than those who live with you

For at least the next month, you should stay at home, and limit your contact to as few people as possible

## WHAT TO DO IF YOU FEEL SICK

If you are worried that you might have coronavirus, call your doctor first or call 211 for immediate help

**Absolutely DO NOT** go to the clinic or emergency room before talking with a doctor or nurse for advice

The doctor or nurse will give you advice on where to go safely to be tested

Call **911** for emergencies

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March 28, 2020

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# CORONAVIRUS (COVID-19)



## TESTS FOR CORONAVIRUS ARE LIMITED

There is a shortage of ingredients to make the tests

Companies around the world are trying to quickly make more tests

Tests are prioritized as follows:

- 1 Hospitalized patients  
Healthcare facility workers with symptoms
- 2
  - Patients in long-term care facilities with symptoms
  - Patients 65 years old and older with symptoms
  - Patients with underlying conditions with symptoms
  - First responders with symptoms
- 3 Any individual with symptoms
- 4 Individuals with no symptoms

If you feel sick, call your doctor or 2-1-1 for advice on testing and care.

SOURCE: US Public Health Service

## Q & A

### HOW TO AVOID INFECTION

#### How long does the virus last in the air?

The virus gets into the air through breathing and sneezing, and the droplets of moisture released in the air can contain the virus. There is evidence that it can linger in the air for a few hours. It is critical to stay out of public spaces as much as possible, and to stay a minimum of 6 feet away from people if you do have to go out.

#### Is there a way to destroy the virus in the air?

There are no proven ways to disinfect the air or to remove droplets from the air. The best precaution is to use physical distance – stay at least 6 feet away from other people.

#### Is the virus more likely to stay in the air indoors or outdoors?

There is little information on this, however it is most likely to remain in the air longer indoors, because there is no wind, rain, or other forces to remove it.

#### Do masks help protect me if I must go out?

There is no scientific evidence that masks will protect you from getting the virus. Maintaining physical distance is most effective. If you choose to wear a mask, other than N95 rated, make sure that you are still following recommended guidelines – maintaining physical distance, regular hand washing, and not touching your face.

### WHEN WILL THE VIRUS STOP SPREADING?

#### When is the virus expected to peak in our area?

We are predicting a peak in infections in mid April.

#### Do hospitals have capacity for the patients projected during the peak?

If the rate of infection continues as it has, Wisconsin hospitals will not have capacity to care for all sick patients.

#### Where will patients go if the hospitals are full?

There are a number of area colleges with empty dorms that have offered access for patients. There are also empty hotels and other gathering spaces that could be used.

#### If you or someone you live with are sick, how do you avoid spreading within your household?

You must use extreme physical distancing in your home to avoid spreading the infection. Use separate or disposable dishes, don't share clothes, blankets, beds, disinfect rooms after use, and always stay at least 6 feet apart.

#### Is there a vaccine or treatment?

At this point, no. There are no confirmed treatments or vaccines available for coronavirus. There are many people working on vaccine and treatment options, but we don't expect there to be anything available for 12-18 months.

#### Given how contagious it is, will coronavirus ever stop spreading?

The current practice of physical distancing are intended to slow the spread to give time to develop a vaccine, and to prevent the hospital systems from being overwhelmed. Strict isolation and physical distancing are the best chance at containing the virus to prevent spread. It is likely that it will be rolling, with multiple peaks over the next 18 months, before a vaccine can be found.

#### When can we get back to work?

If we find an easy way to do testing, and strict physical distancing is practiced, we may be able to get back to work within a month or two. Without that, it could be multiple months before things return to normal.

#### How can we help our community?

Share this information to help stop the spread. Be kind, compassionate and understanding that we all are coping with this disruption and we are in this together.

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